

TKR TRANSCRIPT: DR. ANGELA THOMPSON-SMITH IN CONFERENCE

28 July 2009 at www.dojopsi.com/chat/

Ten Thousand Roads Remote Viewing and Dowsing Project ("TKR")
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Introduction to the chat guest:

A web page made to feature Dr. Thompson-Smith, this transcript, and other information about or from her now or in the future is located here:

<http://www.dojopsi.com/rvexpo/DrATSmith/>

Find her directly at: <http://www.remoteviewingnv.com>

TKR on Dr. Thompson-Smith's invitation to chat: *Dr. Angela Thompson Smith gained a B.Sc. in Wales, her M.Sc. in England and her Ph.D. in Psychology in the U.S. She has worked in medical and developmental research and as a private contractor around the world. Dr. Smith's interest in human consciousness prompted her to become a research participant at the Psychophysical Research Laboratories (PRL) and then at the Princeton Engineering Anomalies Research Laboratory (PEAR) at Princeton University where in 1988 she was hired as a member of staff. She worked at PEAR until the fall of 1992. PEAR has been described as the civilian complement to the U.S. military remote viewing effort. In 1999, Dr. Smith became a founding member and a director, of the International Remote Viewing Association (IRVA) and helped arrange some their early conferences. Dr. Smith is an author of four books so far, and currently manages a full time business utilizing remote viewing for real-world applications.*

This transcript was obtained from a live chat held in the TKR chat room at the Dojo Psi. Copyright © 2009 to Dr. Angela Thompson-Smith and Palyne "PJ" Gaenir (www.palyne.com) on behalf of TKR and the Dojo Psi. (Transcript integrity notes: typos corrected, topical Q&A put more cohesively together, room traffic ignored.) Chat moderator: PJ Gaenir.

Dr. Angela Thompson-Smith in Conference at TKR

[moderated session July 28, 2009 at www.dojopsi.com/chat/]

We are Ten Thousand Roads Remote Viewing and Dowsing Project aka "TKR." The rules are simple: Relax, have fun, be cordial, no politics or religion. Remote Viewing rocks!

Palyne_Gaenir: We have Dr. Angela Thompson Smith here with us today! We'd like to talk about Out of Body Experiences, Remote Viewing, and RV for Applications. Hi Dr. Smith!

[Dr_Angela_Thompson_Smith](#): Hi, Angela Here.

[Palyne_Gaenir](#): Alrighty! We have some questions!

[Dr_Angela_Thompson_Smith](#): Fine, ready to chat!

[Palyne_Gaenir](#): Hope you are energetic. We have a few. :-)

[Dr_Angela_Thompson_Smith](#): Great!

[Palyne_Gaenir](#): Can you tell us about what you do for remote viewing right now? You're actually working full time as a viewer now, is that correct?

[Dr_Angela_Thompson_Smith](#): Right, I think I am one of the few people actually earning their living doing RV. I mainly work for one major client and have been doing so for six years.

[Palyne_Gaenir](#): What kind of work is this? Corporate, government, legal?

[Dr_Angela_Thompson_Smith](#): My client is corporate but he has challenged me with many areas of work -- basically pushing the envelope but cannot talk yet about many of the areas.

[Palyne_Gaenir](#): I understand. Do you view all genres of targets? Locations, people, events, probabilities, specifics? Do you ever frame it via ARV?

[Dr_Angela_Thompson_Smith](#): Not sure what to frame it means... I accept most projects except a few such as treasure hunting. So, yes, basically, I take on most genres of targets.

[Palyne_Gaenir](#): Tell us about the tasking. How do you receive it?

[Dr_Angela_Thompson_Smith](#): I do accept both blind tasking and minimal front loaded tasks. If the case is criminal or for a C/RV group I can work blind but sometimes my current client wants more direction. I consider myself a "free style" RVer, rather than just a CRVer.

[Palyne_Gaenir](#): Right. You were doing RV long before the '95 exposure of the program where publicity and 'method training' began, right? When did you get into the subject?

[Dr_Angela_Thompson_Smith](#): I was always able to RV but of course it wasn't called that back before. I had OBEs from childhood and was doing intuitive work for many years before learning about the SRI work and CRV.

[Palyne_Gaenir](#): Tell me about your Princeton/PEAR work. What was that like?

[Dr_Angela_Thompson_Smith](#): PEAR was an amazing adventure! I had been working in medical research in NY and going down to the other psi lab, PRL, as a volunteer. PRL lost its funding so I went over to volunteer at PEAR and they gave me a job -- which was fantastic. Everyone in the psi field came through the doors and I enjoyed my five years there working and participating in everything from micro-pk work to remote perception work.

[Palyne_Gaenir](#): Back in (early 96?) when I met you and we did your first website, you called it "Remote Perception". I know that, and "Distance Viewing", were common terms for essentially the same thing, even down to the 'science protocol' in some cases. Do you find that people expect the RV term, or are confused by the different terms?

[Dr_Angela_Thompson_Smith](#): Terms are a problem. The majority of the public have no idea what remote viewing is, they know the terms psychic and intuition, gut hunch and other generic terms. Remote viewing is becoming more known but still has to make its mark. I used Remote Perception because of my work at PEAR and because the term covers all of the senses, not just viewing. Distant viewing is hardly used any more, as is clairvoyance. Many people are confused by the terms i.e. CRV, SRV, TRV, but I generally now use remote viewing in the SRI sense.

[Palyne_Gaenir](#): How many sessions a week do you do for your boss?

[Dr_Angela_Thompson_Smith](#): It varies but I would say about 9 to 12 a month with more months busier than others. I receive a retainer and that covers any work that the client requires during the month. He isn't actually my boss as I retained the title of independent contractor for doing his work. This leaves me free to take on other work from time to time, humanitarian, research, etc from other clients.

[Palyne_Gaenir](#): How many sessions do you do for a given target?

[Dr_Angela_Thompson_Smith](#): Usually one but can do two or three follow-ups if necessary. Naturally, I am front-loaded by then but I am able to set aside the front loading to look for new, unknown information.

[Palyne_Gaenir](#): Do you do any dowsing?

[Dr_Angela_Thompson_Smith](#): Dowsing is one of the abilities that I am NOT good at! I have tried many times with L-rods, pendulums, etc. but do better with mind-search rather than instrument search. However, I have used Runes as an adjunct to viewing. They come in at stage 4 if I am doing CRV and act as an additional information source.

[Palyne_Gaenir](#): How long does your average session take?

Dr_Angela_Thompson_Smith: Depends. When I receive a project from my major client I spend time setting out the report format including the tasking (if front-loaded) and any specific questions needed by the client. I then may take some time, not apparently working <G> but letting my subconscious do the search. Then I sit down at my desk or in front of the computer and do the session which usually takes an hour to an hour and a half.

Palyne_Gaenir: How much sketching do you do?

Dr_Angela_Thompson_Smith: Very little when I am doing corporate work. During humanitarian work and other projects I may make a few sketches but sketching is not one of my strong points.

Palyne_Gaenir: How did you meet up with this client, generically?

Dr_Angela_Thompson_Smith: It was one of those serendipity moments. He was slated to work with another RVer who was not able to work with him. That RVer recommended me, we talked and did some preliminary projects. This client and partner came to take CRV training (different methods) and now has some idea of what RV can and cannot do. I feel it is quite important to educate your client.

Palyne_Gaenir: A dozen targets a month doesn't seem so much as a 'full time job' (easy for ME to say, isn't it ;-)). Does this pay you enough to make it a sole full time job? Or is this in addition to other things? I ask only because outside the McMoneagles it is pretty rare for people to make a living FT at applications RV.

Dr_Angela_Thompson_Smith: Basically, the retainer is enough to maintain and pay the bills and I am very happy to have that each month. I also undertake other projects for other clients and will be giving training again in the fall. The retainer gives me the freedom not to have to work outside my own office. It also gives me the freedom to continue to write, do research and teach some metaphysics classes locally.

Palyne_Gaenir: In the variety of sometimes non-biz applications that you are tasked with, is it ever something like a missing person?

Dr_Angela_Thompson_Smith: I've done quite a few missing persons cases including a case a few years ago for a local friend whose colleague went missing. I and several other viewers took on this case and our work was able to identify the body when it was fished out of the sea, the location, where the person had been heading and details about the murder and the event. Our group also helped on a Salt Lake City case to bring a young girl home to her parents.

Palyne_Gaenir: Do you have any means of approaching 'locational' data in viewing aside from free-response, since you don't dowse?

Dr_Angela_Thompson_Smith: I feel that what I do comes under the heading of "non-local" and I trust my subconscious to take me to the correct location. I use coordinates in CRV and sometimes in ARV but in "free style" I just go and find the target. Its a mystery to me how it works but it does!

Palyne_Gaenir: I was referring to data which is specific to helping the client find the target. (I assume any viewer can actually 'find' the target. Info that helps someone else find it is the harder part. ;-))

Dr_Angela_Thompson_Smith: Generally, I don't use maps unless they are offered by the client or tasker. Then, I usually reject them and just use a numbered, alphabetical grid. I ask, where is the target and home in on a location, the client then places the grid over their map. This has helped find opal in Australia and other mine work. In missing person's cases I look for dominant geographical identifiers to try and identify the area.

Palyne_Gaenir: You've written about out of body experiences and RV. Do you use the OBE state within your viewing?

Dr_Angela_Thompson_Smith: Partly. When I am doing ERV or "Free style" I feel that I am out of body and at the target site. Bi-location is generally discouraged in CRV, but I find it gets me more detailed information. I cue myself to remember things about the location, move around the site and then record my data as soon as I "return".

Palyne_Gaenir: Dissociation, I thought that was called, vs. full-on OBE. Is there a difference for you?

Dr_Angela_Thompson_Smith: Its all a matter of titles. In Targ and Puthoff's first paper they noted how all the old titles including dissociation, clairvoyance, etc were now being referred to them as RV as a neutral term. I feel dissociated from my local environment when I OBE but know it is there to return to. So, basically, there is no difference. It is just a matter of terms.

Palyne_Gaenir: What practices would you recommend as contributive to viewer skill? How do you feel about OBE, Lucid Dreaming, in that context?

Dr_Angela_Thompson_Smith: Visualization is a good skill to practice, as is vocabulary, meditation is important, as is the ability to focus and concentrate on a project for a lengthy period of time. Lucid dreaming is many time spontaneous and not easily practiced. OBE work, too is most often spontaneous until it can be brought under conscious control.

Palyne_Gaenir: Have any of your targets been genres like 'future technology'?

Dr_Angela_Thompson_Smith: I haven't done too many of those lately although I have occasional "gut hunches" which I document but usually cannot get anyone to take note of <G> I did some work in the past on the ozone problem and this was written up in my book Remote Perceptions.

Palyne_Gaenir: You said you've had OBE's since childhood. Have they always been spontaneous or have you gained a level of control over them?

Dr_Angela_Thompson_Smith: When I was a child they were mainly spontaneous and not under any control. I would visit all over the place, again, lots of details in Remote Perceptions. During my early twenties I was able to practice and was able to gradually work on some personal factors that brought them under conscious control. I experimented and found that the information I was perceiving was often correct.

Palyne_Gaenir: What kind of personal factors?

Dr_Angela_Thompson_Smith: Like Robert Monroe's Body Asleep, Mind Awake, I found that a fully relaxed body, active mind, visualization and letting go to travel worked best.

Palyne_Gaenir: Do you feel that viewing a target precognitively (or even a task precognitively) is any different in process, experience, or result, than real-time/past-time?

Dr_Angela_Thompson_Smith: No, any project feels much the same. PEAR did most of their work precognitively and found no difference in results from real-time projects. Future projects feel slightly different in that I feel I am exploring and settling a path somehow to the information. Difficult to describe.

Palyne_Gaenir: What can you tell me about medical/health viewing? Have you done much of that?

Dr_Angela_Thompson_Smith: I've done some but mostly on a one-off basis over the phone or individually. I cannot claim that I diagnose or prescribe (AMA rules <G>) even though I trained as a nurse. I have seen spirochetes in the blood of someone who had Lyme Disease and "green" blood in a couple who had copper poisoning. However, I do not think of myself as a medical remote viewer. I have had colleagues that have carried out this work for my client.

Palyne_Gaenir: Do you get any front-loading for that kind of target? At least to know the target is health or a human?

Dr_Angela_Thompson_Smith: Generally, that type of viewing is done over the phone with individuals that I have not met or do not know. They usually do not give me front-loading except that they have been to doctors and the doctors have given up on them. I then "look" and see what is wrong. This is a very small part of what I do and I only get these types of cases occasionally.

Palyne_Gaenir: What do you find the most difficulty with in viewing. I mean aside from dowsing and drawing, like what kind of data?

Dr_Angela_Thompson_Smith: I'm usually willing to tackle most projects. The most difficult is setting aside my own perceptions of what I think a client wants. For example, I have been working with my current client for six years and know his MO. I have to set aside that knowledge and look at the project with fresh eyes. I get cognitive dissonance sometimes as what I perceive is not what I think the client wants but as I tell my clients, I give you what I perceive, not what you want.

Palyne_Gaenir: Do you do associative remote viewing much?

Dr_Angela_Thompson_Smith: I've done quite a bit over the years, some with Marty Rosenblatt's PIA group and some with private clients. I would like to do more in the future.

Palyne_Gaenir: What kind of success do you have with this? Do you find any issues with so-called displacement?

Dr_Angela_Thompson_Smith: My experience with ARV is that I am a sprinter rather than a long-distance runner. I do very well in short bursts, getting a good average for many projects, then taking a nose dive as a decline sets in. So, I like to do short-term series of projects. I did a couple of series with May and Spottiswoode back in the 1990s and did quite well statistically. Yes, displacement is a problem but, for me, only gets in during long strings of sessions.

Palyne_Gaenir: When your target is human, do you get thought (telepathic) information?

Dr_Angela_Thompson_Smith: Yes, this is one of my strong areas and I am able to pick up a lot of information from the target. For example, during missing child work, I can often "see through their eyes" and pick up information. This is helpful in finding locations especially when a target is moved around.

Palyne_Gaenir: Is it emotionally difficult having good rapport skills when targets may be having -- or have had -- really... um, lousy experiences?

Dr_Angela_Thompson_Smith: I counsel other viewers that want to take on such cases, missing kids, missing persons, crime scenes that they may see some nasty stuff. Having been trained as a nurse and social worker sort of prepared me for this. As a nurse in England I had to "lay out" dead bodies, which was one of our tasks, so that aspect doesn't bother me. Having compassion is important too, if you find yourself in an emotionally challenging situation during RV.

Palyne_Gaenir: What are your thoughts on the Ganzfeld procedure? Are the sensory isolation and altered state techniques valuable to the RVer?

Dr_Angela_Thompson_Smith: Yes, indeed. At PRL, as a volunteer, I had some experience of this and found it quite conducive to going "within" for data. It is valuable to an RVer, in that it can teach someone who is not used to going "within" what it feels like so that they can do it on their own during a session.

Palyne_Gaenir: Do you believe local sidereal time has any bearing on psi functioning? Have you viewed based on that framework, or do you currently observe it in any way?

Dr_Angela_Thompson_Smith: I had some experience of this when I did May and Spottiswoode's projects. Personally, I do not observe sidereal time and feel that a well trained viewer with some degree of skill can view irrespective of sidereal time, sunspots, wrong socks etc. There may be some merit to the sidereal time data but I have not observed it in my work.

Palyne_Gaenir: I heard that you had once spoke about laterality and psi. Left handed, right handed and mixed handed in particular. How about eye and leg dominance, etc. in relation to laterality and psi? Know anything about that?

Dr_Angela_Thompson_Smith: Yes, one of my professors in the UK was Stuart Dimond and he was the person who sparked my interest in laterality (sadly he has since passed away). I did my B.S in Manchester doing laterality work with Moms and newborns looking at the development of laterality and did similar work in New Brunswick, NJ. I'm very interested in mixed-handers and how they may be different regarding psi than strongly right or left handers. I have a paper in this months Eight Martinis Remote Viewing Magazine on that topic.

Palyne_Gaenir: Dr. Surel in her article in today's 8 Martinis talks about trying to find markers for accuracy with regular RV. Dr. David Shaver talked about markers for accuracy in ARV. The latter talked about the source of the data as accuracy markers. That is, where in the subconscious or collective conscious, etc. the data originates from. Any thoughts on this?

Dr_Angela_Thompson_Smith: I haven't read those articles yet but mean to. When I RV, I go directly to the site, usually tasked for a specific date and sometimes time, and describe what I perceive. If the site is non-human habited, then the data is probably "purer" than if people are at the site with their own perceptions, psychologies, emotions, etc. So, I'm not really sure how to answer this.

Palyne_Gaenir: Do you have any advice/suggestions for viewers who want to pursue doing RV applications for a living?

Dr_Angela_Thompson_Smith: Doing RV for a living is not easy to launch into. Until I found my long-term client I was doing RV from project to project and not earning much. Luckily, at that time, I was married and getting school grants. Having a dedicated client is the best way to go or work with a group that pays a fee. When our group first began, my client was interested in working with groups of people and I was able to pay the viewers. He then decided that he wanted to only work with a few of us and pay us directly, so it was not easy to maintain a group. Basically, become trained and practice, get a track-record and seek out clients.

Palyne_Gaenir: What do you see as the biggest problem, and the biggest hope, in the remote viewing 'field'?

Dr_Angela_Thompson_Smith: The biggest problem is the diversity and the apparent divisions within the field. This is also its greatest hope, in that different approaches will appeal to different populations of new viewers. There is room for everyone in this field, it is a new field with plenty of growing space. There is no real need for territoriality and ego but these are apparent. As said, there is room for everyone in this field.

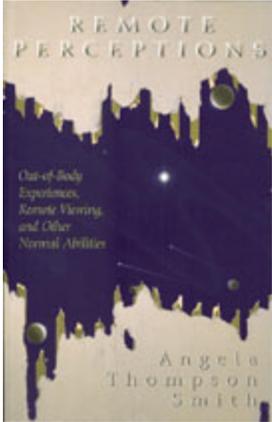
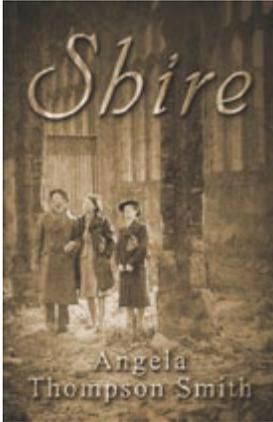
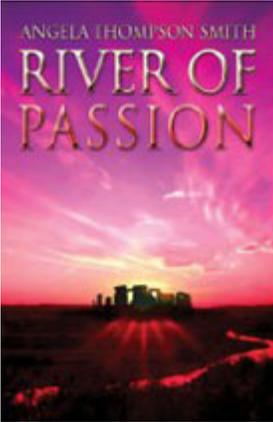
Palyne_Gaenir: Last question! :-) ... What do you see as the most ideal genres of targets that viewers might be able to pull off successful applications with to build-out RV into the future?

Dr_Angela_Thompson_Smith: Not an easy last question <G> It would be great to RV some great new invention or discovery, some cure or resolution to a long-standing problem. That would be wonderful and would give remote viewing some good press and generate interest in the field.

Palyne_Gaenir: Thank you so much for agreeing to chat with us tonight. This was great! Best wishes for your ongoing viewing!

[end chat, July 28, 2009]

This interview is a part of the **REMOTE VIEWING EXPO JULY 2009** held by **TKR**, the **Ten Thousand Roads Remote Viewing and Dowsing Project**. Expo: <http://www.dojopsi.com/rvexpo/>. The page for Dr. Angela Thompson-Smith's materials/info is <http://www.dojopsi.com/rvexpo/DrATSmith/>. To talk more about this conference or its ideas, visit the TKR Remote Viewing Forum at <http://www.dojopsi.info/forum/>. To try some hands-on remote viewing, visit Viewer Studios and RV Galleries at TKR at the Dojo Psi, at <http://www.dojopsi.com/tkr/>. To casual chat with other viewers, visit us Monday nights 8:30-10:30pm Eastern at <http://www.dojopsi.com/chat/>.

		
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